



# September 2025 Breakfast Menu



Week 1

**LABOR  
DAY!**



**Bran Muffins  
Bananas**  
1% Low Fat Milk

**Fresh Croissants  
Oranges**  
1% Low Fat Milk

Week 2

**Cereal  
Applesauce**  
1% Low Fat Milk

**Whole Wheat Bagels  
Bananas**  
1% Low Fat Milk

**Home-style Waffles  
Strawberries**  
1% Low Fat Milk

**Bran Muffins  
Bananas**  
1% Low Fat Milk

**Fresh Croissants  
Oranges**  
1% Low Fat Milk

Week 3

**Cereal  
Applesauce**  
1% Low Fat Milk

**Whole Wheat Bagels  
Bananas**  
1% Low Fat Milk

**Home-style Waffles  
Strawberries**  
1% Low Fat Milk

**Bran Muffins  
Bananas**  
1% Low Fat Milk

**Fresh Croissants  
Oranges**  
1% Low Fat Milk



Week 4

**Cereal  
Applesauce**  
1% Low Fat Milk

**Whole Wheat Bagels  
Bananas**  
1% Low Fat Milk

**Home-style Waffles  
Strawberries**  
1% Low Fat Milk

**Bran Muffins  
Bananas**  
1% Low Fat Milk

**Fresh Croissants  
Oranges**  
1% Low Fat Milk

Week 5

**Cereal  
Applesauce**  
1% Low Fat Milk

**Whole Wheat Bagels  
Bananas**  
1% Low Fat Milk



**\*MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY OF PRODUCTS\***

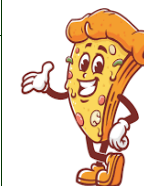
**\*ANY MILK SUBSTITUTIONS REQUIRE A DOCTOR'S NOTE (I.E. ALMOND, OAT, ETC.)\***

**\*VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY\***






# September 2025 Lunch Menu



**Week 1**

Mon	Tue	Wed	Thu	Fri
<b>LABOR DAY!</b>			4 Chicken Patty w/WW Bun/Lettuce/Tomato/Cheese/Applesauce 1% Low Fat Milk	5 Mac & Cheese Broccoli/Applesauce 1% Low Fat Milk

**Week 2**

8 Fresh Cheese Pizza Corn/Pineapples 1% Low Fat Milk	9 Yellow Rice w/Mixed Veggies & Chicken Tenders/Honeydew 1% Low Fat Milk	10 Spaghetti w/Ground Turkey/Mixed Salad/Pineapple 1% Low Fat Milk	11 Baked Fish Hawaiian Rolls French Fries 1% Low Fat Milk	12 Jamaican Patties Whole Wheat Roll Salad & Pears 1% Low Fat Milk
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**Week 3**

15 Mashed Potatoes Chicken Tenders W/W Roll/Applesauce 1% Low Fat Milk	16 Chicken Lo Mein Mixed Peppers Pears 1% Low Fat Milk	17 Grilled Cheese w/ Spinach Apples 1% Low Fat Milk	18 Chicken Patty w/WW Bun/Lettuce/Tomato/Cheese/Cantaloupe 1% Low Fat Milk	19 Fresh Cheese Pizza Salad/Pineapples 1% Low Fat Milk
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**Week 4**

22 Mac & Cheese Broccoli/Applesauce 1% Low Fat Milk	23 Yellow Rice w/Mixed Veggies & Chicken Tenders/Honeydew 1% Low Fat Milk	24 Spaghetti w/Ground Turkey/Mixed Salad/Pineapple 1% Low Fat Milk	25 Baked Fish Hawaiian Rolls French Fries 1% Low Fat Milk	26 Jamaican Patties Whole Wheat Roll Salad & Pears 1% Low Fat Milk
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**Week 5**

29 Mashed Potatoes Chicken Tenders W/W Roll & Apples 1% Low Fat Milk	30 Chicken Lo Mein Mixed Peppers Pears 1% Low Fat Milk			
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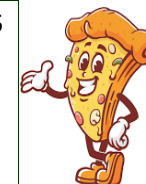


# September 2025 Vegetarian Lunch Menu



## Week 1

Mon	Tue	Wed	Thu	Fri
<b>LABOR DAY!!!</b>			4 Morningstar Patty w/WW Bun/Lettuce/Tomato/Cheese/Applesauce 1% Low Fat Milk	5 Elbow Pasta/Tomato Sauce/Tofu/Broccoli/Applesauce 1% Low Fat Milk

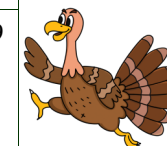


## Week 2

8 Fresh Cheese Pizza Corn/Pineapples 1% Low Fat Milk	9 Yellow Rice w/Mixed Veggies & Morning Chikn/Honeydew 1% Low Fat Milk	10 Spaghetti w/Tofu/Mixed Salad/Pineapples 1% Low Fat Milk	11 Baked Tofu Hawaiian Rolls French Fries 1% Low Fat Milk	12 Jamaican Veggie Patties/W/W Roll Salad & Pears 1% Low Fat Milk
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## Week 3

15 Mashed Potatoes Morningstar chikn nuggets/W/W Roll/Applesauce 1% Low Fat Milk	16 Morningstar Chkn nuggets/Lo Mein Mixed Peppers/Pears 1% Low Fat Milk	17 Grilled Cheese w/Spinach Apples 1% Low Fat Milk	18 Morningstar Patty w/WW Bun/Lettuce/Tomato/Cheese/Applesauce 1% Low Fat Milk	19 Fresh Cheese Pizza Salad/Pineapples 1% Low Fat Milk
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## Week 4

22 Elbow Pasta/Tomato Sauce/Tofu/Broccoli/Applesauce 1% Low Fat Milk	23 Yellow Rice w/Mixed Veggies & Morning Chikn/Honeydew 1% Low Fat Milk	24 Spaghetti w/Tofu/Mixed Salad/Pineapples 1% Low Fat Milk	25 Baked Tofu Hawaiian Rolls French Fries 1% Low Fat Milk	26 Jamaican Veggie Patties/W/W Roll Salad & Pears 1% Low Fat Milk
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## Week 5

29 Mashed Potatoes Morningstar chikn nuggets/W/W Roll/Applesauce 1% Low Fat Milk	30 Morningstar Chikn Patty w/WW Bun/Lettuce/Tomato/Cheese/Kiwi 1% Low Fat Milk			
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# September 2025 Snack Menu


Week 1

Week 2

Week 3

Week 4

Week 5

Mon	Tue	Wed	Thu	Fri
LABOR DAY!			Cheez-its Applesauce	Tuna Salad Crackers
Animal Crackers Mixed Fruit cups	W/G Pretzels 100% Juice	Yogurt Strawberries	Cheez-its Applesauce	Pastry Bites Oranges
Animal Crackers Mixed Fruit cups	W/G Pretzels 100% Juice	Yogurt Strawberries	Cheez-its Applesauce	Pastry Bites Oranges
Animal Crackers Mixed Fruit cups	W/G Pretzels 100% Juice	Yogurt Strawberries	Cheez-its Applesauce	Pastry Bites Oranges
Animal Crackers Mixed Fruit cups	W/G Pretzels 100% Juice			



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