



March 2024 Breakfast Menu



Week 1

Week 2

Week 3

Week 4

Week 5

Mon	Tue	Wed	Thu	Fri
				1 Baked Turkey Bacon Whole Wheat Toast Cantaloupes 1% Low Fat Milk
4 Cereal: Corn Flakes Sliced Peaches 1% Low Fat Milk	5 Waffles with Syrup Oranges 1% Low Fat Milk	6 Whole Wheat Bagel with Cream Cheese Bananas 1% Low Fat Milk	7 Bran Muffin Pears 1% Low Fat Milk	8 Baked Turkey Bacon Hash Browns Honeydew 1% Low Fat Milk
11 Fresh Croissant Applesauce 1% Low Fat Milk	12 Whole Wheat Pancakes with Syrup Bananas 1% Low Fat Milk	13 Honey Wheat Bagel with Cream Cheese Apples 1% Low Fat Milk	14 Whole Wheat Corn Muffin Oranges 1% Low Fat Milk	15 Baked Turkey Bacon Whole Wheat Toast Cantaloupe 1% Low Fat Milk
18 Cereal: All Bran Mixed Fruit Cup 1% Low Fat Milk	19 Whole Wheat Pancakes with Syrup Strawberries 1% Low Fat Milk	6 Whole Wheat Bagel with Cream Cheese Sliced Peaches 1% Low Fat Milk	21 Bran Muffin Kiwi 1% Low Fat Milk	22 Baked Turkey Bacon Hash Browns Honeydew 1% Low Fat Milk
25 Whole Wheat Bagel with Cream Cheese Apricot Halves 1% Low Fat Milk	26 Corn Muffin Bananas 1% Low Fat Milk	27 Whole Wheat Pancakes with Syrup Oranges 1% Low Fat Milk	28 Fresh Whole Wheat Corn Muffin Strawberries 1% Low Fat Milk	



MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY OF PRODUCTS* *ANY MILK SUBSTITUTIONS REQUIRE A DOCTOR'S NOTE (I.E. ALMOND, OAT, ETC.)

100% FRESH FRUITS & VEGETABLES: BANANAS ★ PINEAPPLE ★ APPLES ★ HONEYDEW ★ TANGERINES ★ BROCOLLI ★ CARROTS ★ ETC.

VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY



March 2024

Vegetarian Breakfast Menu



Week 1

Week 2

Week 3

Week 4

Week 5

Mon	Tue	Wed	Thu	Fri
				1 Morningstar Farms® Veggie Breakfast Sausage Whole Wheat Toast Cantaloupes 1% Low Fat Milk
4 Cereal: Corn Flakes Sliced Peaches 1% Low Fat Milk	5 Waffles with Syrup Oranges 1% Low Fat Milk	6 Whole Wheat Bagel with Cream Cheese Bananas 1% Low Fat Milk	7 Bran Muffin Pears 1% Low Fat Milk	8 Morningstar Farms® Veggie Breakfast Sausage Hash Browns Honeydew 1% Low Fat Milk
11 Fresh Croissant Applesauce 1% Low Fat Milk	12 Whole Wheat Pancakes with Syrup Bananas 1% Low Fat Milk	13 Honey Wheat Bagel with Cream Cheese Apples 1% Low Fat Milk	14 Whole Wheat Corn Muffin Oranges 1% Low Fat Milk	15 Morningstar Farms® Veggie Breakfast Sausage Whole Wheat Toast Cantaloupe 1% Low Fat Milk
18 Cereal: All Bran Mixed Fruit Cup 1% Low Fat Milk	19 Whole Wheat Pancakes with Syrup Strawberries 1% Low Fat Milk	20 Whole Wheat Bagel with Cream Cheese Sliced Peaches 1% Low Fat Milk	21 Bran Muffin Kiwi 1% Low Fat Milk	22 Morningstar Farms® Veggie Breakfast Sausage Hash Browns Honeydew 1% Low Fat Milk
25 Whole Wheat Bagel with Cream Cheese Apricot Halves 1% Low Fat Milk	26 Corn Muffin Bananas 1% Low Fat Milk	27 Whole Wheat Pancakes with Syrup Oranges 1% Low Fat Milk	28 Fresh Whole Wheat Corn Muffin Strawberries 1% Low Fat Milk	



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March 2024 Lunch Menu



Week 1

Week 2

Week 3

Week 4

Week 5

Mon	Tue	Wed	Thu	Fri
				1 Fresh Cheese Pizza Corn/Apple 1% Low Fat Milk
4 Black Bean Quesadilla Canned Corn Applesauce 1% Low Fat Milk	5 Chicken Lo Mein Steamed Broccoli Cantaloupe 1% Low Fat Milk	6 Toasted Whole Wheat Cheese Sandwich Spinach/Apples 1% Low Fat Milk	7 Yellow Rice Chicken Breast Mixed Vegetables Kiwi 1% Low Fat Milk	8 Jamaican Patties Whole Wheat Roll Corn & Pears 1% Low Fat Milk
11 Chicken Patties w/ Cheese Whole Wheat Bun Carrots Mixed Fruit Cups 1% Low Fat Milk	12 Chicken Tenders French Fries String Beans & Pears 1% Low Fat Milk	13 Rice and Beans w/ Baked Plantains Mixed Salad 1% Low Fat Milk	14 Baked Mozzarella Sticks Whole Wheat Italian Bread Carrots & Pineapple 1% Low Fat Milk	15 Turkey Lasagna Whole Wheat Roll Cauliflower & Apple 1% Low Fat Milk
18 Turkey Spaghetti Spinach & Pears 1% Low Fat Milk	19 Baked Turkey with Gravy Mashed Potatoes Mixed Salad/Cornbread 1% Low Fat Milk	20 Baked Chicken Baked Potato Wedges Whole Wheat Roll Apples 1% Low Fat Milk	21 Chicken Patties w/ Cheese Whole Wheat Bun Mixed Vegetables Oranges 1% Low Fat Milk	22 Fresh Cheese Pizza Corn Mixed Fruit Cup 1% Low Fat Milk
25 Baked Penne Pasta Cucumber Salad Apples 1% Low Fat Milk	26 Baked Chicken & Baked Plantains Rice & Peas, Pineapples 1% Low Fat Milk	27 Turkey Burger Whole Wheat Bun Carrots & Honeydew 1% Low Fat Milk	28 Crispy Baked Fish w/Hawaiian Wheat Roll French Fries & Cantaloupes 1% Low Fat Milk	



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VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY





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Week 2

Week 3

Week 4

Week 5

Mon	Tue	Wed	Thu	Fri
				1 Fresh Cheese Pizza Corn/Apple 1% Low Fat Milk
4 Black Bean Quesadilla Canned Corn Applesauce 1% Low Fat Milk	5 Morningstar Farms® Chik'n Nuggets Lo Mein Steamed Broccoli Cantaloupe 1% Low Fat Milk	6 Toasted Whole Wheat Cheese Sandwich Spinach/Kiwi 1% Low Fat Milk	7 Yellow Rice Morningstar Farms® Chik'n Nuggets Mixed Vegetables Apples 1% Low Fat Milk	8 Morningstar Farms® Garden Veggie Patties Whole Wheat Roll Corn & Pears 1% Low Fat Milk
11 Gardenburger® Hamburger w/ Cheese & Whole Wheat Bun Carrots Mixed Fruit Cup 1% Low Fat Milk	12 Morningstar Farms® Chik'n Nuggets French Fries String Beans & Pears 1% Low Fat Milk	13 Rice and Beans w/ Baked Plantains Mixed Salad 1% Low Fat Milk	14 Baked Mozzarella Sticks Whole Wheat Italian Bread Carrots & Pineapple 1% Low Fat Milk	15 Tofu Lasagna Whole Wheat Roll Cauliflower & Apple 1% Low Fat Milk
18 Tofu Spaghetti Spinach & Pears 1% Low Fat Milk	19 Morningstar Farms® Chik'n Nuggets w/ Gravy Mashed Potatoes Mixed Salad/Cornbread 1% Low Fat Milk	20 BBQ Morningstar Farms® Chik'n Nuggets Baked Potato Wedges Whole Wheat Roll Apples 1% Low Fat Milk	21 Gardenburger® Hamburger w/ Cheese & Whole Wheat Bun Mixed Vegetables Oranges 1% Low Fat Milk	22 Fresh Cheese Pizza Corn Mixed Fruit Cup 1% Low Fat Milk
25 Baked Penne Pasta Cucumber Salad Apples 1% Low Fat Milk	26 BBQ Morningstar Farms® Chik'n Nuggets & Baked Plantains Rice & Peas, Pineapples 1% Low Fat Milk	27 Gardenburger® Hamburger on a Whole Wheat Bun Carrots & Honeydew 1% Low Fat Milk	28 Morningstar Farms® Chik'n Nuggets w/Hawaiian Wheat Roll French Fries & Cantaloupes 1% Low Fat Milk	



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March 2024 Snack Menu



Week 1

Week 2

Week 3

Week 4

Week 5

Mon	Tue	Wed	Thu	Fri
				1 Whole Grain Waffle Grahams 100% Orange Juice
4 Whole Grain Animal Crackers 100% Apple Juice Mixed Fruit Cup*	5 Vanilla Grahams Bananas	6 Graham Crackers Oranges	7 Whole Grain Cheez-Its Mixed Fruit Cup	8 Whole Grain Waffle Grahams Applesauce
11 Whole Grain Animal Crackers 100% Apple Juice Apricot Halves*	12 W/G Pretzels Oranges	13 Graham Crackers Bananas	14 Whole Grain Cheez-Its Mixed Fruit Cup	15 Whole Grain Waffle Grahams Sliced Peaches
18 Whole Grain Animal Crackers 100% Apple Juice Mixed Fruit Cup*	19 Vanilla Grahams 100% Apple Juice	20 Whole Grain Waffle Grahams Applesauce	21 Whole Grain Cheez-Its Mixed Fruit Cup	22 Whole Grain Waffle Grahams 100% Apple Juice
25 Whole Grain Animal Crackers 100% Apple Juice Mixed Fruit Cup*	26 Vanilla Grahams Pears	27 Graham Crackers 100% Grape Juice	28 Whole Grain Cheez-Its Mixed Fruit Cup	

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***Note: When 100% Juice is served, students six years old and above receive the juice and fruit listed.**

