






# January 2026 Breakfast Menu

Week 1

| Mon   | Tue   | Wed  | Thu                  | Fri |
|---|---|--|----------------------|-----|
|  |  |  | NEW YEAR'S<br>DAY!!! |     |



Week 2

|  |   |   |  |   |
|--|---|---|--|---|
| 5<br>Cereal<br>Applesauce<br>1% Low Fat Milk | 6<br>Mini Whole Wheat<br>Bagels<br>Oranges<br>1% Low Fat Milk | 7<br>French Toast Sticks<br>Strawberries<br>1% Low Fat Milk | 8<br>Fresh Mini Croissants<br>Bananas<br>1% Low Fat Milk | 9<br>Baked Turkey Bacon/<br>Veggie Sausages<br>Hashbrowns<br>Oranges<br>1% Low Fat Milk |
|--|---|---|--|---|

Week 3

|   |  |  |   |  |
|---|--|--|---|--|
| 12<br>Cereal<br>Applesauce<br>1% Low Fat Milk | 13<br>Mini Whole Wheat<br>Bagels<br>Oranges<br>1% Low Fat Milk | 14<br>French Toast Sticks<br>Strawberries<br>1% Low Fat Milk | 15<br>Fresh Mini Croissants<br>Bananas<br>1% Low Fat Milk | 16<br>Baked Turkey Bacon/<br>Veggie Sausages<br>Hashbrowns<br>Oranges<br>1% Low Fat Milk |
|---|--|--|---|--|



Week 4

|                |   |  |   |  |
|----------------|---|--|---|--|
| MLK JR.<br>DAY | 20<br>Cereal<br>Applesauce<br>1% Low Fat Milk | 21<br>French Toast Sticks<br>Strawberries<br>1% Low Fat Milk | 22<br>Fresh Mini Croissants<br>Bananas<br>1% Low Fat Milk | 23<br>Baked Turkey Bacon/<br>Veggie Sausages<br>Hashbrowns<br>Oranges<br>1% Low Fat Milk |
|----------------|---|--|---|--|

Week 5

|   |  |  |   |  |
|---|--|--|---|--|
| 26<br>Cereal<br>Applesauce<br>1% Low Fat Milk | 27<br>Mini Whole Wheat<br>Bagels<br>Oranges<br>1% Low Fat Milk | 28<br>French Toast Sticks<br>Strawberries<br>1% Low Fat Milk | 29<br>Fresh Mini Croissants<br>Bananas<br>1% Low Fat Milk | 30<br>Baked Turkey Bacon/<br>Veggie Sausages<br>Hashbrowns<br>Oranges<br>1% Low Fat Milk |
|---|--|--|---|--|






\*MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY OF PRODUCTS\* \*ANY MILK SUBSTITUTIONS REQUIRE A DOCTOR'S NOTE (I.E. AL-MOND, OAT, ETC.)\*

\*VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY\*



# January 2026 Lunch Menu

Week 1

| Mon   | Tue   | Wed   | Thu               | Fri |
|---|---|---|-------------------|-----|
|  |  |  | NEW YEAR'S DAY!!! |     |



Week 2

|   |  |   |  |   |
|---|--|---|--|---|
| 5<br>Mac & Cheese<br>Broccoli/Mixed Fruit<br>Cup<br>1% Low Fat Milk | 6<br>Chicken Tenders<br>French Fries<br>Salad<br>1% Low Fat Milk | 7<br>Jamaican Patties<br>Whole Wheat Roll<br>Salad & Pears<br>1% Low Fat Milk | 8<br>Chili w/Ground Tur-<br>key/Wheat Roll<br>Mixed Salad<br>1% Low Fat Milk | 9<br>Fresh Cheese Pizza<br>Mixed Salad<br>Pineapples<br>1% Low Fat Milk |
|---|--|---|--|---|

Week 3

|   |  |  |   |   |
|---|--|--|---|---|
| 12<br>Chicken Patty w/ Wheat<br>Bun/Lettuce/Tomato/<br>Cheese/Applesauce<br>1% Low Fat Milk | 13<br>Pea Soup w/Wheat<br>Roll<br>Mixed Salad<br>1% Low Fat Milk | 14<br>Rice & Pidgeon Peas/<br>Baked Chicken/<br>Plantains/Mixed Salad<br>1% Low Fat Milk | 15<br>Crispy Baked Fish w/<br>Wheat Festival<br>Baby Carrots<br>Honeydew<br>1% Low Fat Milk | 16<br>Spaghetti w/ Ground<br>Turkey/Mixed Salad/<br>Pineapples<br>1% Low Fat Milk |
|---|--|--|---|---|

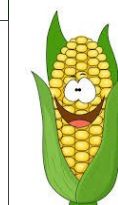


Week 4

|                 |  |  |   |  |
|-----------------|--|--|---|--|
| MLK JR .<br>DAY | 20<br>Mac & Cheese<br>Broccoli/Mixed Fruit<br>Cup<br>1% Low Fat Milk | 21<br>Jamaican Patties<br>Whole Wheat Roll<br>Salad & Pears<br>1% Low Fat Milk | 22<br>Chicken Tenders<br>French Fries<br>Salad<br>1% Low Fat Milk | 23<br>Fresh Cheese Pizza<br>Mixed Salad<br>Pineapples<br>1% Low Fat Milk |
|-----------------|--|--|---|--|

Week 5

|   |  |  |   |   |
|---|--|--|---|---|
| 26<br>Chicken Patty w/ Wheat<br>Bun/Lettuce/Tomato/<br>Cheese/Applesauce<br>1% Low Fat Milk | 27<br>Pea Soup w/Wheat<br>Roll<br>Mixed Salad<br>1% Low Fat Milk | 28<br>Rice & Pidgeon Peas/<br>Baked Chicken/<br>Plantains/Mixed Salad<br>1% Low Fat Milk | 29<br>Crispy Baked Fish w/<br>Wheat Festival<br>Baby Carrots<br>Honeydew<br>1% Low Fat Milk | 30<br>Spaghetti w/ Ground<br>Turkey/Mixed Salad/<br>Pineapples<br>1% Low Fat Milk |
|---|--|--|---|---|






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MOND, OAT, ETC.)\***

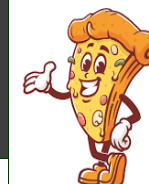
**\*VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY\***



# January 2026 Vegetarian Lunch Menu

Week 1

| Mon   | Tue   | Wed   | Thu               | Fri |
|---|---|---|-------------------|-----|
|  |  |  | NEW YEAR'S DAY!!! |     |



Week 2

|   |   |  |   |   |
|---|---|--|---|---|
| 5<br>Elbow Pasta in Spaghetti Sauce/Broccoli/<br>Mixed Fruit Cup<br>1% Low Fat Milk | 6<br>Tofu Tenders<br>French Fries<br>Salad<br>1% Low Fat Milk | 7<br>Veggie Jamaican Patties/Whole Wheat Roll/Salad & Pears<br>1% Low Fat Milk | 8<br>Chili w/Ground Tofu/<br>Wheat Roll<br>Mixed Salad<br>1% Low Fat Milk | 9<br>Veggie Jamaican Patties/Mixed Salad<br>Pineapples<br>1% Low Fat Milk |
|---|---|--|---|---|

Week 3

|   |   |   |  |  |
|---|---|---|--|--|
| 12<br>Tofu Patty w/ Wheat Bun/Lettuce/Tomato/<br>Cheese/Applesauce<br>1% Low Fat Milk | 13<br>Pea Soup w/Wheat Roll<br>Mixed Salad<br>1% Low Fat Milk | 14<br>Rice & Pidgeon Peas/<br>Baked Tofu/Plantains/<br>Mixed Salad<br>1% Low Fat Milk | 15<br>Crispy Baked Tofu w/ Wheat Festival<br>Baby Carrots<br>Honeydew<br>1% Low Fat Milk | 16<br>Spaghetti w/ Ground Tofu/Mixed Salad/<br>Pineapples<br>1% Low Fat Milk |
|---|---|---|--|--|



Week 4

|                |  |   |  |  |
|----------------|--|---|--|--|
| MLK JR. DAY!!! | 20<br>Elbow Pasta in Spaghetti Sauce/Broccoli/Mixed Fruit Cup<br>1% Low Fat Milk | 21<br>Veggie Jamaican Patties/Whole Wheat Roll Salad & Pears<br>1% Low Fat Milk | 22<br>Tofu Tenders<br>French Fries<br>Salad<br>1% Low Fat Milk | 23<br>Veggie Jamaican Patties/Mixed Salad<br>Pineapples<br>1% Low Fat Milk |
|----------------|--|---|--|--|

Week 5

|   |   |   |  |  |
|---|---|---|--|--|
| 26<br>Tofu Patty w/ Wheat Bun/Lettuce/Tomato/<br>Cheese/Applesauce<br>1% Low Fat Milk | 27<br>Pea Soup w/Wheat Roll<br>Mixed Salad<br>1% Low Fat Milk | 28<br>Rice & Pidgeon Peas/<br>Baked Tofu/Plantains/<br>Mixed Salad<br>1% Low Fat Milk | 29<br>Crispy Baked Tofu w/ Wheat Festival<br>Baby Carrots<br>Honeydew<br>1% Low Fat Milk | 30<br>Spaghetti w/ Ground Tofu/Mixed Salad/<br>Pineapples<br>1% Low Fat Milk |
|---|---|---|--|--|






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\*VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY\*



# January 2026 Snack Menu

Week 1

| Mon   | Tue   | Wed   | Thu               | Fri |
|---|---|---|-------------------|-----|
|  |  |  | NEW YEAR'S DAY!!! |     |

Week 2

|   |  |                             |  |                                      |
|---|--|-----------------------------|--|--------------------------------------|
| 5<br>Animal Crackers<br>Mixed Fruit Cup | 6<br>Whole Grain<br>Cheez-Its<br>Oranges | 7<br>Yogurt<br>Strawberries | 8<br>Mini Blueberry<br>Muffins<br>100% Apple Juice | 9<br>Goldfish Crackers<br>Pineapples |
|---|--|-----------------------------|--|--------------------------------------|

Week 3

|  |   |                              |   |                                       |
|--|---|------------------------------|---|---------------------------------------|
| 12<br>Animal Crackers<br>Mixed Fruit Cup | 13<br>Whole Grain<br>Cheez-Its<br>Oranges | 14<br>Yogurt<br>Strawberries | 15<br>Mini Blueberry<br>Muffins<br>100% Apple Juice | 16<br>Goldfish Crackers<br>Pineapples |
|--|---|------------------------------|---|---------------------------------------|

Week 4

|                   |   |                              |   |                                       |
|-------------------|---|------------------------------|---|---------------------------------------|
| MLK JR.<br>DAY!!! | 20<br>Whole Grain<br>Cheez-Its<br>Oranges | 21<br>Yogurt<br>Strawberries | 22<br>Mini Blueberry<br>Muffins<br>100% Apple Juice | 23<br>Goldfish Crackers<br>Pineapples |
|-------------------|---|------------------------------|---|---------------------------------------|

Week 5

|  |   |                              |   |                                       |
|--|---|------------------------------|---|---------------------------------------|
| 26<br>Animal Crackers<br>Mixed Fruit Cup | 27<br>Whole Grain<br>Cheez-Its<br>Oranges | 28<br>Yogurt<br>Strawberries | 29<br>Mini Blueberry<br>Muffins<br>100% Apple Juice | 30<br>Goldfish Crackers<br>Pineapples |
|--|---|------------------------------|---|---------------------------------------|



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**\*Note: When 100% Juice is served, students six years old and above receive the juice and fruit listed.**